



## **Neera Ahuja, MD**

Associate Professor, Affiliated

Palo Alto VA Health Care System

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### **Professional Snapshot**

#### **Administrative Appointments**

Associate Professor of Internal Medicine, VA Palo Alto, 2008-present

Assistant Professor of Internal Medicine & Pediatrics, 2003-2007

Assistant Professor, Hospitalist for Internal Medicine, 2003-2007

#### **Honors & Awards**

President's Professionalism Project Award, UTMB, 2007

Nominated for Oslerian Teaching Award, UTMB, 2007

"Who's Who Among American Teachers and Educators", National Award for 2006-2007 Academic Year, 2007

#### **Education & Community**

##### **Professional Education**

Internal Medicine and Pediatrics Residency Program, University of Texas, 1997-2001

M.D., University of Texas, 1993-1997

B.A., Honors Degree, Molecular and Cell Biology, minor: Creative Writing, University of California, Berkeley, 1990-1993

##### **Scientific Focus**

##### **Publications**

Niebuhr, V. **Khilnani, N.**, Luk, J., Gonzalez, J. Professionalism in Pediatrics (on-line course developed for pediatric residents). September 2007

**Khilnani, N.** Intergenerational Learning in Medical Education. Texas Academy of Internal Medicine (TAIM) Newsletter. September 2007

Nguyen, BY MD, Abdullah, SE MD, Ha, CP, and **Khilnani, N.** MD. Case report of HIV patient with PML (*Submitted*). June 2007

**Khilnani, N.** Kothari, T. Interrelated Endocrinopathies: Hypothyroidism and Hyperprolactinemia. *Today's Hospitalist*. April 2007: 20-23

## CURRICULUM VITAE

**NEERA AHUJA, M.D.**

### CURRENT POSITION:

9/1/2009- Present      Associate Professor of Medicine  
Associate Program Director- Internal Medicine Residency Program  
Academic Hospitalist  
Department of Internal Medicine  
Stanford University School of Medicine

3/2008- Present      Associate Professor of Internal Medicine  
Affiliated with Stanford University School of Medicine  
General Medicine Outpatient Clinic  
Department of Internal Medicine  
VA Palo Alto Health Care System  
3801 Miranda Ave. Palo Alto, CA 94304

### PROFESSIONAL AND TEACHING EXPERIENCE:

5/2003-10/2007      Assistant Professor of Internal Medicine & Pediatrics  
Residency Program Director- Internal Medicine/Pediatrics  
Associate Program Director- Internal Medicine  
Associate Program Director- Internal medicine/Preventive medicine, Aerospace  
medicine, and Occupational Medicine  
Departments of Internal Medicine and Pediatrics  
University of Texas Medical Branch (UTMB) Galveston, Texas

2/2003 – 10/2007      Assistant Professor  
Hospitalist for Internal Medicine and Pediatric Wards  
Dual Appointment in Departments of Internal Medicine and Pediatrics  
University of Texas Medical Branch at Galveston

7/2001 – 1/2003      Assistant Professor  
Adult and Pediatric Emergency Room, Level I Trauma Center, Department of  
Surgery  
Full time faculty of Adult, Pediatric, and Trauma areas of the ER  
University of Texas Medical Branch at Galveston

### EDUCATION:

9/2003 – 4/2005      Scholars in Education Program  
 18 month course teaching “Formal Faculty Development  
 for Academic Leaders”  
 Office of Educational Development  
 University of Texas Medical Branch at Galveston

6/1997 - 6/2001      Internal Medicine and Pediatrics Residency Program  
 University of Texas Health Science Center at Houston  
 Houston, Texas

8/1993 - 6/1997      M.D. Degree  
 University of Texas Health Science Center at Houston  
 Houston, Texas

8/1990 – 5/1993      B.A. Honors Degree  
 Major: Molecular and Cell Biology  
 Minor: Creative Writing  
 University of California at Berkeley

**BOARD CERTIFICATION:**

American Board of Internal Medicine	8/2002 – 12/31/2012
American Board of Pediatrics	10/2002 – 12/31/2012

**LICENSURE INFORMATION:**

Medical Board of California  
 American Council on Exercise  
 Basic Life Support Certification  
 Advanced Cardiac Life Support  
 Pediatric Advanced Life Support  
 Neonatal Advanced Life Support

**TEACHING RESPONSIBILITIES**

School of Medicine

3/2008-9/1/2009	Attending Faculty, Stanford Residents’ Clinic Internal Medicine Outpatient Clinic VA Palo Alto Health Care System
5/2003-10/2007	Residency Program Director Internal Medicine/Pediatrics Associate Residency Director for Internal Medicine, Aerospace, Preventive, and Occupational medicine Programs; designed and implemented clinical and educational curriculum, recruitment of housestaff, faculty mentor

3/2007 – 10/2007	Co-Course Director, Practice of Medicine-2 Participated in development and teaching of curriculum for second year medical student courses University of Texas Medical Branch
5/2003- 10/2007	Pediatric Board Review- Weekly Team Learning format utilized in preparing med/peds and pediatric residents for ITE/Boards, Department of Pediatrics
6/2004- 10/2007	Pediatric Supervisory Workshop, “The Resident on Rounds” Annual Lecture, Department of Pediatrics
5/2003- 10/2007	Pediatric Emergencies, Monthly Jeopardy-style Lecturer to 3 <sup>rd</sup> Year Medical Students, Department of Pediatrics
1/2004 – 10/2007	Course Director, Med/Peds Ambulatory Community Elective for senior medical students; Course Number MPEU 4046
5/2003 –10/2007	Facilitator, Morning Report, Housestaff meeting, and Resident Council, Departments of Internal Medicine and Pediatrics
5/2003 – 10/2007	Lecturer to Internal Medicine and Med/Peds Residents, Noon conference board review lectures, Department of Internal Medicine
6/2003 – 10/2007	Course Director for 4 Medical student electives/A-I <a href="http://ar.utmb.edu/04-05review/blist.asp?dc=mpe">http://ar.utmb.edu/04-05review/blist.asp?dc=mpe</a> Med/Peds Endocrinology (Course#:MPEU 4036) Med/Peds Nephrology (Course#: MPEU 4038) Med/Peds Infectious Disease (Course#: MPEU 4037) Med/Peds Ambulatory Medicine (Course#: MPEU 4002)
6/2003 – 6/2007	Lecturer, Medical School Familiarization Program, Basic Sciences, for minority pre-medical students for MCAT preparation, Given every summer (June-July), UTMB
2005	Facilitator “Breaking Bad News” Workshop for 3 <sup>rd</sup> year Student Clerkship, Department of Internal Medicine
2004	Intern Skills Workshop, assisted in designing a questionnaire and facilitated a skills lab for interns in Internal medicine to become familiar with required procedures (central line placement, etc.)

2004	Member, Chairman's Task Force, designed to expedite hospital discharges before 10am
8/2003 – 12/03	Facilitator and Case Writer, Problem-Based Learning For Pediatric and Med/Peds housestaff

## **RESEARCH ACTIVITIES:**

### Education

1/2007- 10/2007	Assessing the effectiveness of a professionalism curriculum for Pediatric residents and faculty. Dept. of Pediatrics, UTMB
2/2004- 3/2006	Standards setting committee for Internal medicine student clerkship OSCE; UTMB
1/2004-2/2005	Assessing the effects of Resident Duty Hour Regulations on resident in-training exam scores
9/2003- 3/2005	Evaluating the efficacy of new ACGME duty hour requirements and their effects on patient care, housestaff education, and housestaff quality of life

### Clinical

4/2007 – 10/2007	Clinical Trials Evaluation of Modified Influenza Vaccine, UTMB
1/2007- 10/2007	Clinical Trials Evaluation of Smallpox Vaccine with Respect to Safety and Optimization of Immune Response; Dept. of Pediatrics
3/2004-11/2004	Order entry protocol study; assessing efficacy of inpatient admission protocols on hospital stay and related factors
2000- 6/2001	Internal Medicine Research Presentation; Hyponatremia: Mechanisms and Management; Mentor: Dr. E. Parsley, M.D. University of Texas Health Science Center at Houston
2000- 6/2001	Pediatric Research Presentation; Pediatric Dermatology: Common Clinical Presentations, Mentor: Dr. A. Herbert University of Texas Health Science Center at Houston
1994 – 1997	Exploring the effects of substance abuse on dopaminergic receptors in the brain, Mentor: Dr. Bankole Johnson, M.D. Alpha Omega Alpha Student Fellowship Award University of Texas Health Science Center at Houston

1992 – 1993            Depth Perception & Stereovision, Honors Research Program, Mentor:  
Nobel Laureate Dr. Donald Glaser  
University of California at Berkeley

Grant Support

8/2006- 10/2007        “Professionalism in Pediatrics Curriculum”, President’s Professionalism  
Grant (\$5000). Curriculum completed 10/2007  
Department of Pediatrics, UTMB

**COMMITTEE RESPONSIBILITIES:**

UTMB:

5/2007 – 10/2007        International Affairs Faculty Advisory Committee, UTMB

4/2007 – 10/2007        Practice of Medicine-2 Course Committee, Co-director, UTMB

4/2007 – 10/2007        Student Education Committee (for 3<sup>rd</sup> year internal medicine clerkship),  
Dept. of Internal Medicine

9/2006 – 10/2006        OSCE Task Force Committee, Medical Student OSCE Case  
review/design, Dept. of Internal Medicine

4/2006- 12/2006        Junior/Mid-level Faculty Association Steering Committee, Internal  
medicine departmental representative, UTMB

4/2006-7/2006        SOM Strategic Planning Steering Committee; Redesigning the medical  
school curriculum to enhance medical education, UTMB

3/2006-5/2006        LCME (Liaison Committee on Medical Education) Study Team Task  
Force, Member, UTMB

4/2006-5/2006        Academic Review Committee, Internal member of 3-member review  
team for Infectious Disease Fellowship Program, UTMB

2/2006-3/2006        Academic Review Committee, Internal member of 3-member Review  
team for Respiratory Care Program, School of Allied Health Sciences,  
UTMB

11/2005-10/2007        Combined Internal Medicine/Pediatrics Student Interest Group, Faculty  
sponsor, UTMB

11/2005-5/2006        Faculty Development Task Force, Co-designed a process for Faculty  
Mentorship, Department of Internal Medicine

8/2005- 2/2006        Faculty Development Ad Hoc Task Force, Department of Pediatrics

5/2005- 10/2007	Education Council Member (one of seven members selected from Department of Internal Medicine to serve 3 year term)
7/2004- 10/2007	University Graduate Medical Education (GME) Committee
10/2004 – 8/2006	University Institutional Compliance Committee
8/2004 – 8/2005	University Professionalism Committee
1/2004 – 10/2007	Ambulatory Community Selective Committee, UTMB
1/2004 – 10/2007	American College of Physicians, UTMB faculty representative Member of Judging Panel; Associates Day Research project judge for regional resident clinical competition
7/2003- 10/2003	Chair, Academic Review Committee, Internal review of Surgical Pathology Fellowship Program, UTMB
5/2003 – 10/2007	Pediatric Graduate Medical Education Committee, Department of Pediatrics, UTMB
5/2003 – 10/2007	Residency Advisory Committee, Department of Internal Medicine
5/2003 – 10/2007	Residency Recruitment Committee, Department of Pediatrics
2003	Facilitator, Medical Ethics to 3 <sup>rd</sup> year medical students

State/Regional

1996 – 1997	Medical School Admissions Committee, Student member University of Texas Health Science Center at Houston
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**MEMBERSHIP IN SCIENTIFIC SOCIETIES/PROFESSIONAL ORGANIZATIONS:**

9/2007 – Present	American Academy of Cardiology, Fellow (F.A.A.C.)
2006 – Present	Alpha Omega Alpha Honor Medical Society, Lifetime Member
2003 – 2007	National Med/Peds Program Directors Association, Member
2005 – Present	American Council on Exercise
2003 – 2004	Faculty Women’s Caucus, Member, UTMB
1993 – 1997	Indian Medical Students Association, President 1996-1997 Member 1993-1996 University of Texas Health Science Center at Houston

**HONORS & AWARDS:**

10/2007	President’s Professionalism Project Award, UTMB
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10/2007	Nominated for Oslerian Teaching Award (one member from department nominated each year), UTMB
6/2007	“Who’s Who Among American Teachers and Educators” National Award for 2006-2007 Academic Year
8/2006	“Clinical Women in Medicine Award” American Medical Women’s Association (AMWA) National Award
7/2006	Osler Student Societies Program Faculty Mentor Elected by medical students at UTMB UTMB McGovern Academy of Oslerian Medicine.
3/2006	Alpha Omega Alpha (AOA) National Honor Medical Society Inducted as a member
3/2006	Selected by Dean’s office for sponsored attendance to AAMC Early Career Women Faculty Professional Development Seminar (one female faculty selected from university)
6/2004	Excellence in Clinical Teaching “Golden Rattle” Award Recognized by housestaff and chairman for excellence in bedside teaching Department of Pediatrics, UTMB
2003-2005	Nominee for Excellence in Teaching award, Department of Internal Medicine
6/1997	Gold Headed Cane Award “The highest honor that can be bestowed upon the one graduating medical student who best embodies the qualities most desirable in a physician, including compassion, dedication, and a desire to serve.” University of Texas Health Science Center at Houston Medical School
1994	Alpha Omega Alpha National Honor Medical Society Medical student research fellowship award

**ADDITIONAL INFORMATION:**

Journal Reviewer:

10/2006-10/2007	Journal of the National Medical Association
3/2005-10/2007	Patient Education and Counseling Journal

Peer Reviewer:

7-9/2006	Chronic Non-Malignant Pain Management Web-based Curriculum, Medical College of Virginia, VCU School of Medicine, Dr. Leanne Yanni, M.D. Department of Internal Medicine
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[http://216.109.125.130/search/cache?p=neera+khilnani&ei=UTF-8&fr=lo&u=www.pubinfo.vcu.edu/curriculum/painmanagement/MCABI0510106/contact.html&w=neera+khilnani&d=UWNXo\\_mdOe-l&icp=1&intl=us](http://216.109.125.130/search/cache?p=neera+khilnani&ei=UTF-8&fr=lo&u=www.pubinfo.vcu.edu/curriculum/painmanagement/MCABI0510106/contact.html&w=neera+khilnani&d=UWNXo_mdOe-l&icp=1&intl=us)

## PUBLISHED:

### A. JOURNAL ARTICLES

Niebuhr, V. **Khilnani, N.**, Luk, J., Gonzalez, J. Professionalism in Pediatrics (on-line course developed for pediatric residents). September 2007.

<http://www.utmb.edu/pedied/Professionalism>

**Khilnani, N.** Intergenerational Learning in Medical Education. Texas Academy of Internal Medicine (TAIM) Newsletter. September 2007.

Nguyen, BY MD, Abdullah, SE MD, Ha, CP, and **Khilnani, N.** MD. Case report of HIV patient with PML (*Submitted*). June 2007.

**Khilnani, N.** Kothari, T. Interrelated Endocrinopathies: Hypothyroidism and Hyperprolactinemia. *Today's Hospitalist*. April 2007: 20-23.

Rondon-Berrios, H. **Khilnani, N.**, Trevejo-Nunez, G., Rouan, G. Disseminated Candidiasis in IV Drug Abusers: A Distinctive Syndrome. *Johns Hopkins Advanced Studies in Medicine*. March 2006; 6:82-85.

[http://www.jhasim.net/files/articlefiles/pdf/XASIM\\_Master\\_6\\_4\\_Vignette1.pdf](http://www.jhasim.net/files/articlefiles/pdf/XASIM_Master_6_4_Vignette1.pdf)

Speer, A., **Khilnani, N.** Advice to Medical Students Applying to Residency. *Alliance for Academic Internal Medicine*. 2005; volume 3, issue 4:10.

<http://www.im.org/AAIM/Pubs/Insight/Winter2005/page10.htm>

**Khilnani, N.**, Hussain, N. Initial Approach to Gastrointestinal Bleeding. *Emergency Medicine*. October 2005; Volume 37, number 10: 27-32.

<http://www.emedmag.com/html/pre/gic/consults/101505.asp>

Johnson, B.A., Lamki, L., Barron, B., Spiga, R., Chen, R., Meisch, R., **Khilnani, N.**: Brain bloodflow abnormalities associated with oral cocaine use. *I.J. Psychological Medicine*, 14 (2): 72-73, 1997.

### B. OTHER:

9/2007                      Contributor: Essentials of Pediatrics  
                                    Web-based Pediatric Review Manual

Press Interviews

- 1/2007            “How To Stay Healthy During the Superbowl” Beaumont Enterprise.  
[www.BeaumontEnterprise.com](http://www.BeaumontEnterprise.com)
- 6/2003            The Power of Mind-Body Medicine. Galveston Local Press

C. ABSTRACTS:

Niehbuhr, V., **Khilnani, N.**, Luk, J., Gonzalez, J. A Professionalism Curriculum for Pediatric Housestaff and Faculty. UTMB October 2007.

Speer AJ, Grumbles L, Holden M, Karnath B, **Khilnani N**, Jia X, Frye A. Applying a modified Angoff standard-setting process to a clerkship OSCE: Lessons learned. Abstract presentation at the Southern Group on Education Affairs Regional Meeting. Galveston, TX, May 5-9, 2006.

**Khilnani, N.** Assessing the impact of ACGME Resident Work Hour Regulations on Resident In-training Exam Scores. Abstract presentation for University Scholars Program, UTMB. April 2005.

**CONTINUING EDUCATION PROGRAMS PRESENTED AND INVITED TALKS:**

- 4/2008            Medical Education: Teaching Generation Y  
 Internal Medicine Alumni Society and Scientific Meeting
- 10/2007           Integrating Professionalism Amongst a Hospice Care Team  
 Hospice Care Team, Texas City, Texas
- 9/2007            Grand Rounds: Intergenerational Learning in Medical Education  
 Dept. of Internal Medicine, UTMB
- 9/2007            Grand Rounds: Defining and Evaluating Professionalism  
 Dept. of Pediatrics, UTMB
- 2/2007            A Professionalism Curriculum in Pediatrics  
 Faculty Forum in Education, Dept. of Pediatrics, UTMB
- 2/2007            Generational Differences in Medical Education  
 Clinical Research Scholars Program (CRSP) & Bridging Interdisciplinary  
 Research Careers in Women’s Health, UTMB
- 10/2006           Lessons Learned from AAMC Seminar: Tips on Managing Your Career  
 Dept. of Pediatrics, UTMB
- 9//2006           Grand Rounds: Medical Education: The Next Generation  
 Dept. of Pediatrics, UTMB

- 9/2006 Morbidity & Mortality Conference: Importance of Physician/Pharmacist/Nursing Collaboration in Healthcare Department of Internal Medicine, UTMB
- 8/2006 Morbidity & Mortality Conference; Orbital Rhabdomyosarcoma misdiagnosed as Periorbital Abscess Department of Pediatrics, UTMB
- 3/2006 Faculty Forum: Advising Medical Students on the Residency Application Process  
Department of Pediatrics
- 6/2004- 10/2007 Grand Rounds: Residency Program Year in Review (Internal Medicine/Pediatrics Residency, Internal Medicine/Preventive Medicine Residency, Internal Medicine/Aerospace Medicine Residency Internal Medicine/Occupational Medicine Residency),  
Presented annually to Department of Internal Medicine
- 3/2005, 5/2005 Grand Rounds: "Resident Duty Hour Regulations: What Have They Really Done?"  
Departments of Internal Medicine and Pediatrics
- 6/2004- 10/2007 Faculty Forum: Internal Medicine/Pediatrics Annual Program Summary  
Department of Pediatrics
- 2003 Designed Internal Medicine Residency Recruitment Video for Internal Medicine Website

### **TEACHING LECTURES:**

- 10-11/2006 Preparing Your Curriculum Vitae  
Pediatric and Internal Medicine Resident Teaching Conference
- 11/2005 Pre-Operative Clearance: Assessing risk factors for non-cardiac surgery  
(Internal medicine resident lecture)
- 7/2005- 10/2007 Craniosynostosis (Pediatric resident and medical student lecture)
- 4/2005- 10/2007 Hyponatremia: Etiologies and Management (Internal medicine and Pediatrics resident and medical student lecture; given annually)
- 4/2005- 10/2007 Hyponatremia: Etiologies and Management (Internal medicine and Pediatrics resident and medical student lecture; given three times a year)
- 3/2005- 10/2007 Febrile Dermatitis: Toxic Epidermal Necrolysis, SSSS, Kawasaki Disease, Toxic Shock Syndrome, Scarlet Fever, Erysipelas (given to Pediatric residents and medical students twice a year)

1/2005- 10/2007	Interpreting the ECG (medical student lecture; given twice a year)
11/2004- 10/2007	Neonatal Hyperbilirubinemia (given to Pediatric residents and medical students twice a year)
9/2004- 10/2007	Oncologic disorders (Internal medicine resident board review lecture; given annually)
6/2004- 10/2007	Hematuria (Pediatric and Internal medicine resident and medical student lecture; given four times a year)
4/2004- 10/2007	Pediatric Emergency Medicine (Jeopardy-style medical student lecture; given monthly)
3/2004- 10/2007	Disorders of the Thyroid Gland (Internal medicine resident board review lecture; given twice a year)
1/2004- 10/2007	Hematologic Disorders (Internal medicine resident board review lecture; given twice a year)
9/2003- 10/2007	Rheumatologic Disorders (Internal medicine resident board review lecture; given twice a year)
7/2003- 10/2007	Pediatric Core Curriculum Lectures (medical student lecture; given four times a year)
6/2003- 10/2007	Disorders of Hemostasis (Internal medicine resident board review lecture; given twice a year)
5/2003- 10/2007	Hematologic Malignancies (Internal medicine resident board review lecture; given twice a year)
4/2003- 10/2007	Renal Tubular Acidosis and Other Causes of a Non-anion Gap Metabolic Acidosis (medical student lecture; given 5 times a year)
12/2001- 10/2007	Vertigo: Differential Diagnoses and Management (medical student lecture; given twice a year)