



Community Academic Profile

Arlina Ahluwalia, MD



Clinical Assistant Professor, Affiliated

Palo Alto VA Health Care System

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Professional Snapshot

Administrative Appointments

Staff Physician, Palo Alto VA Medical Center, 2004-present

Clinical Assistant Professor, Stanford University Medical Center, 2007-present

Honors & Awards

Stanford Excellence in Teaching, 2008

Scholars' Program in Medicine, 1986-1994

Ethan Shepley Chancellors Award, 1994

College Honor Scholarship, 1998-2003

Education & Community

Professional Education

Diploma in Tropical Medicine and Hygiene, Royal College of Physicians of London, 1997

Internal Medicine Internship and Residency, University of Colorado, 1994-1997

MD, Washington University School of Medicine, 1990-1994

BA, Washington University, 1986-1990

Scientific Focus

Publications

Author of Obstructive Sleep Apnea and Tuberculosis chapters, ACP/CDIM Internal Medicine Essentials for Clerkship Students Textbook, 2006

ARLINA AHLUWALIA, MD - CV

- Education:** Washington University School of Medicine, MD, 1990-1994
All India Institute of Medical Sciences, Clinical medicine/dermatology, Spring 1994
Washington University, BA, 1986-1990
- Postdoctoral Training:** University of Colorado, Internal Medicine Internship & Residency, 1994-1997
Royal College of Physicians of London, Diploma in Tropical Medicine & Hygiene, 1997
- Licensure and Certification:** Licensed to practice: Illinois 036-096243
Board Certified in Internal Medicine, August 1997/2007, #179519
- Clinical Appointments:** Palo Alto VA Medical Center Staff Physician, 2004 to present
Stanford University Medical Center Clinical Assistant Professor, 2007 to present
Director, Adult STAR Program for Survivors of Pediatric Malignancies
Robert H Lurie Comprehensive Cancer Center of Northwestern University, 2000-2003
Northwestern Memorial Hospital/Northwestern Medical Faculty Foundation Attending Physician, 1997-2003
Lakeside VA Medical Center Attending Physician, Approximately 1998-2003
- Awards and Honors:** Stanford Excellence in Teaching, 2008
Scholars' Program in Medicine, 1986-1994
Ethan Shepley Chancellors Award, 1994
College Honor Scholarship, 1986-1990
- Committee Service:** Co-lead, Criterion-Based Educational Initiative (CBEI) Working Group for Interpersonal Communication and Professionalism, Stanford University School of Medicine, August 2009-present.
Clerkship Directors in Internal Medicine Communications Committee, 2008-present
Medical Informatics Committee, PAVAMC, 2005-present
HFMEA Medication Reconciliation, PAVAMC, 2005-2006
Northwestern Memorial Hospital Ethics Committee, 1998-2003
Northwestern Memorial Hospital Informatics Committee

Professional Societies:

American College of Physicians, Member

Clerkship Directors in Internal Medicine, Member

Teaching Experience:

Medicine Clerkship Site Director, PAVAMC, 2004 to present

Medicine Subinternship Site Director, PAVAMC, 2004 to present

Teaching Attending, PAVAMC/Stanford University, 2005-present

Practicum Preceptor, Practice of Medicine, Stanford Univ, 2007-present

Clinical Preceptor, Ambulatory Med Clerkship, Stanford Univ, 2006-present

Clinical Preceptor, Residents' Clinic, Stanford Univ Med School, 2004-08

College Mentor, Northwestern University Medical School, 2001-2003

Nicaragua Fieldwork, Northwestern Univ Med Students, 2000

Ethics and Values Instructor, Northwestern Univ Med School, 1998-2001

Physical Diagnosis Instructor, Northwestern Univ Med School, 1998

Instructor, Ambulatory Care Core Curriculum, Northwestern Univ, 1998-2003

Clinical Instructor, Primary care clerkship, Northwestern Univ Med School, 1997-2003

Clinical Instructor, Residents' Clinic, Northwestern Univ Med School, 1997-2003

Teaching Attending, Northwestern Memorial Hospital, 1998-2002

Extramural Presentations:

Our Kids Are Growing Up! Moving Childhood Cancer Survivor Care and Research into Adulthood, Dana-Farber Cancer Institute, June 2003

Special Considerations for Adult Survivors of Pediatric Malignancies, Year In Internal Medicine Conference, 2002

Development of the Survivors Taking Action and Responsibility (STAR) Adult Program of Comprehensive Long-Term Follow-Up for Adult Survivors of Pediatric Cancer. Kinahan K, Ahluwalia A, Duerst R, Hieb B, Morgan E. Poster presentation, 7th International Conference on Long-Term Complications of Treatment of Children and Adolescents for Cancer, 2002.

Screening for Hyperlipidemia and Reduced Bone Mineral Density in a Long-Term Follow-Up Population. Salzberg D, Hieb B, Kinahan K, Ahluwalia A, Langman C, Duerst R. Poster presentation, 7th International Conference on Long-Term Complications of Treatment of Children and Adolescents for Cancer, 2002.

Publications:

Author of Obstructive Sleep Apnea and Tuberculosis chapters, ACP/CDIM Internal Medicine Essentials for Clerkship Students Textbook, 2006

Contributor, MKSAP for Students 4, 2008

Ahluwalia A, et al. G6PD Kalyan and G6PD Kerala: two deficient variants in India caused by the same 317 Glu→Lys mutation. Human Molecular Genetics 1992;1:209-10.

Grants/Projects:

Clinical Oncology Group LTFU Guidelines Task Force Member, November 2004 to 2007

Prevalence and severity of physical late effects in adult survivors of childhood cancer. Childhood Cancer Survivor Study Analysis, 2002, Co-Investigator

Project VISION: A Virtual Information Center for Survivors Lance Armstrong Foundation, 2002, Co-Investigator

Late Effects Screening Guidelines, Version 1.0, March 2003, Children's Oncology Group, Reviewer

Polymerase Chain Reaction studies of G6PD variants during semester (1989) in research at Hammersmith Hospital, Royal Postgraduate Medical School, London under guidance of Professor Lucio Luzzatto

Yeast Artificial Chromosome (YAC) studies at Center for Genetics in Medicine, Washington University School of Medicine (1987-89) under guidance of Dr David Schlessinger

Languages:

Spanish, Hindi/Punjabi

References:

(Furnished on request)